

# TO↔GATHER Weekend

A weekend for self care, resilience,  
activism and collective care through  
somatic abolitionism & social justice somatics

## Why Gather?

Because care manifests  
in the body and grows  
through community.

A space for connection,  
presence and  
transformation, rooted in  
Process Work,  
Mindfulness and  
Holding Space



 **24-26 April 2026**

 **€620\***

 **place to be defined**

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**\*see details on [website](#)**

**Facilitation in French, English  
and Dutch**